



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΠΑΝΕΠΙΣΤΗΜΙΟ ΚΡΗΤΗΣ

Centre of Training and Lifelong Learning



Press Release

Education Leaders Awards 2023: Gold Award for the Medical School and the Center for Training and Lifelong Learning of the University of Crete, aiming at the Development of Horizontal Skills.

On Monday 03 July, the Ceremony of the **Education Leaders Awards 2023** took place at the Conference Centre of the University of West Attica. Aiming to highlight and celebrate Education Leaders 2023, the 8th consecutive year, the event was held in conjunction with the **BOUSSIAS events**, organisers of the **Education Leaders Awards 2023**.

We aim to highlight and reward the educational units and activities, as well as the Teacher of the Year that stands out, so as to upgrade the educational experience, both for the students, and for teachers in the new digital age.

The Health Programming Laboratory, the Department of Social Medicine in collaboration with the Center for Training and Lifelong Learning of the University of Crete, were awarded the Golden Award for the Distance Learning Experiential Training Programme entitled: "General Practitioners in the Role of Health Coach in Chronic Diseases" in the category "*Development of Horizontal Training skills at university level*".

The Scientific Coordinator of the project Associate Professor of General Medicine & Public Health Ms. Tsiligianni Ioanna, PhD Candidate Katerina Boulougari and all those who contributed to the implementation, dedicated this award to general practitioners from all over Greece & Cyprus, who

participated in the training. They thanked them for the dedication shown, but and for daring to try a different way of communicating with their patients, based more on the language of the heart.

The purpose of the program was for the participants to understand the importance of soft skills and and their connection to Emotional Intelligence. To experience of cultivating these skills, so that, through their attitude and behaviour, they could contribute to the creation of a new culture of cooperation with patients with chronic diseases. A culture focused on empowerment of the chronically ill person, which fosters awareness and responsibility in the individual and in the health system. In line with the World Health Organization, the focus of this educational initiative was on cultivating the skills of resilience and compassion as compass skills for health professionals.

Professor George Kossioris

Vice Rector of the University of Crete

President of the KEDIVIM Council

