

Organization Name	Type	Country/City	Contact/Website	Requirements
European Policy Centre (EPC)	Independent, not-for-profit think tank dedicated to fostering European integration through analysis and debate, supporting and challenging decision-makers at all levels to make informed decisions based on evidence and analysis and providing a platform for engaging partners, stakeholders and citizens in EU policy-making and in the debate about the future of Europe	Belgium, Brussels	https://www.epc.eu/about/	Internship within the framework of Erasmus+
Centre for European Policy Studies (CEPS)	Think tank that conducts research and analysis on EU policies and global affairs, providing insights and recommendations for policymakers and the public	Belgium, Brussels	https://www.ceps.eu/about-ceps/career-opportunities/	Strong command of English
EU Disinfo Lab	Organization that researches and combats disinformation in Europe	Belgium, Brussels	https://www.disinfo.eu/internships/	Internships must be a minimum of 3 months
European Economic and Social Committee (EESC)	EU advisory body that represents employers, workers, and civil society	Belgium, Brussels	https://www.eesc.europa.eu/en/work-with-us/traineeships	Thorough command of one EU language and a satisfactory command of another (one of which must be English or French)
Carnegie Europe	Think tank specializing in foreign policy and international affairs	Belgium, Brussels	https://carnegieendowment.org/europe/employment-opportunities-at-carnegie-europe?lang=en	N/A
Bruegel	Research institute focused on economic policy in Europe	Belgium, Brussels	https://www.bruegel.org/careers	N/A
POLITICO Europe	Media organization that covers European politics, policy, and global affairs	Belgium, Brussels	https://www.politico.eu/careers/	N/A
European Centre for International Political Economy (ECIPE)	Think tank that focuses on international trade, globalization, and economic policy	Belgium, Brussels	https://ecipe.org/about-us/careers/	N/A
European Network of Migrant Women	Organization that advocates for the rights and empowerment of migrant and refugee women in Europe	Belgium, Brussels	https://www.migrantwomenetwork.org/volunteer/	Internship within the framework of Erasmus+; Minimum period of internship with ENoMW is six months

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Institut de Recherche, Formation et Action sur les Migrants (IRFAM)	Research Center focused on migration, intercultural dialogue and social inclusion	Belgium, Liege	https://www.irfam.org/#:~:text=Qu'est%2Dce%20que%20l,du%20d%C3%A9veloppement%20culturel%20et%20%C3%A9conomique.	Enrollment in a Masters program required
Charles University	University	Czech Republic, Prague	https://cuni.cz/UKEN-205.html	Contact the department for internship applications; Internship within the Erasmus+ framework
Centre français de recherche en sciences sociales (CEFRES)	Research institution in science and humanities	Czech Republic, Prague	https://cefres.cz/en/intern-at-cefres/	Professional or personal experience in Central European countries; Good knowledge of English; Any knowledge of Czech, Slovak, Polish, or Hungarian is appreciated; Eligibility for Erasmus+ internship grant
Oxfam Denmark	NGO working on poverty reduction and social justice	Denmark, Copenhagen	https://oxfam.dk/en/about-us/work-with-us/	Internship opportunities are offered throughout the year in March/April and September
Institut Nicod	Research institute in philosophy, cognitive science and social science	France, Paris	http://www.institutnicod.org/etudier-a-l-ijn/offres-des-stage-a-l-institut-jean-nicod/?lang=fr	Excellent command of English
Organization for Economic Cooperation and Development (OECD)	International organization promoting economic growth, social well-being, and policy coordination among member states	France, Paris	https://www.oecd.org/en/about/careers/internships.html	Excellent command of English or French
Center for Research on Social Inequality (Science Po)	Research institution in science and humanities	France, Paris	https://www.sciencespo.fr/cris/en/join-us/	Motivated applications, joined by a CV, must be submitted to the following address at least 4 months before the start of the internship: info.cris@sciencespo.fr
University of Bordeaux	Various entities: research units and laboratories, training components, central administration	France, Bordeaux	https://www.u-bordeaux.fr/en/international/come-to-bordeaux/international-students/internships-at-the-university	Contact the department for internship applications; Internship within the Erasmus+ framework
Max-Planck-Institut für Gesellschaftsforschung	Research on social foundations and institutional dynamics of capitalist economies and their interaction with politics and society	Germany, Cologne	https://www.mpifg.de/	Economics/Social Sciences students, from 5th semester (BA or MA program)

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Stiftung Wissenschaft und Politik (SWP)	Research Center focusing on foreign and security policy	Germany, Berlin	https://www.swp-berlin.org/karriere/praktika-im-forschungsbereich	Application deadline: 31.12.2025; Good command of English
TAZ	Newspaper focused on politics and society	Germany, Berlin	https://taz.de/Praktikum-in-der-taz/vn5761647/	N/A
German Institute for International and Security Affairs (SWP)	Research institute that advises the German government and international organizations on foreign and security policy	Germany, Berlin	https://www.swp-berlin.org/en/career	Enrollment in a Masters program required; Excellent command of English; Internship start: April 1, 2026 (duration: 3 months)
Wissenschaftszentrum Berlin für Sozialforschung	Research on social change, inequality, democracy and global challenges	Germany, Berlin	https://wzb.eu/de	Contact the research department directly for internship applications or visit the job portal https://www.wzb.eu/de/das-wzb/arbeiten-am-wzb/stellenangebote
Büro zur Umsetzung von Gleichbehandlung (BUG)	NGO supporting anti-discrimination and legal advocacy	Germany, Berlin	https://www.bug-ev.org/	Good command of German (at least B2 level)
Deutsche Welle	Media organization providing broadcasting news worldwide	Germany, Bonn/Berlin	https://corporate.dw.com/de/praktikum/s-30627	Good command of German; Duration: 1-6 months, full-time
Institut der Arbeitsmarkt- und Berufsforschung (IAB)	Research Center studying labor markets and employment	Germany, Nürnberg	https://iab.de/karriere/praktika-und-hilfskraefte/	Payed internship
Institut für politikwissenschaftliche Forschung und Beratung	Research Institute focused on political education and research	Germany, Eberswalde	https://www.institut-politik.de/de/114-praktika	Excellent German language skills, both spoken and written (oral C2, written C2); Strong English language skills are an advantage (oral C1, written C1)
Goethe-Universität Frankfurt	University	Germany, Frankfurt am Main	https://www.goethe-university-frankfurt.de/131564577/Internship_at_GU	Contact the department for internship applications; Internship within the framework of Erasmus+
European Central Bank (EZB)	Bank which is responsible for ensuring financial stability in the Eurozone	Germany, Frankfurt	https://talent.ecb.europa.eu/careers	Different opportunities with different requirements

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University of Bologna	University	Italy, Bologna	https://www.unibo.it/en/study/incoming-outgoing-international-mobility/incoming-exchange-students/exchange-students-unibo-erasmus-for-traineeship-mobility-for-traineeships-erasmus-blended-short-term-programmes	Contact the department for Internship applications; Internship within the framework of Erasmus+
University of Salerno	University	Italy, Salerno	https://web.unisa.it/en/international/incoming-mobility/students-opportunities	Contact the department for Internship applications; Internship within the framework of Erasmus+
European University Institute	Research institution focusing on social sciences, law, and governance	Italy, Florence	https://www.eui.eu/About/JobOpportunities/Traineeships	Good knowledge of English (CEFR level: B2 or above), and a satisfactory knowledge of another language of the European Union to the extent necessary to the performance of the duties; Internships are accepted within the Erasmus+ framework
European Court of Auditors (ECA)	EU institution responsible for auditing the EUs finances	Luxembourg	https://www.eca.europa.eu/en/traineeships	Very good knowledge of one official EU language and satisfactory knowledge of a second; Application deadline: November 30, 2025 for April 2026; May 31 2026 for October 2026
Inspire - Organization for people with disabilities	NGO supporting people with disabilities	Malta, Zejtun	https://inspire.org.mt/our-mission-and-values/	N/A
The People for Change Foundation	NGO focusing on community support and social development	Malta	https://www.pfcmalta.org/internships.html	Excellent command of English (minimum C1)
European Union Agency for Asylum	EU agency that supports EU member states in managing asylum and international protection	Malta, Vletta	https://euaa.europa.eu/careers/traineeship	Payed internship for 6 months
Oxfam Novib	NGO working on poverty reduction and social justice	Netherlands, The Hague	https://www.oxfamnovib.nl/donors-partners/about-oxfam/work-with-us/internship-with-the-oxfam-novib-academy	Internship opportunities are offered throughout the year in March/ April and September

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World Health Organization (WHO)	UN agency responsible for international public health	Switzerland, Geneva	https://www.who.int/careers/internship-programme	At least twenty years of age on the date of application; Fluent at least in one of the working languages of the office of assignment
Minority Rights Group	Human rights organization working with ethnic, religious and linguistic minorities and indigenous people worldwide	United Kingdom, London	https://minorityrights.org/about-us/jobs-and-opportunities/#InternsAndVolunteers	Internships are accepted within the framework of Erasmus+
UNICEF	UN agency supporting children's rights and welfare worldwide	Various Locations	https://www.unicef.org/careers/internships	At least 18 years old; Proficient in at least one of UNICEF's working languages: English, French or Spanish. Fluency in the working language of the office you are applying to, may
UN Refugee Agency (UNHCR)	UN agency protecting and supporting refugees worldwide	Various Locations (Geneva, Amman, Budapest, Copenhagen, ...)	https://www.unhcr.org/get-involved/work-us/careers-unhcr/types-contracts-and-appointments/internships	Good command of German (at least B2 level)
CNRS	Research Center for science and humanities	Various Locations	https://www.cnrs.fr/en/the-cnrs	N/A
Human Rights Watch (HRW)	International NGO focused on human rights research	Various Locations	https://www.hrw.org/careers#all_jobs	N/A
Caritas	Charity institution providing social and community support	Various Locations	https://www.caritas.de/	N/A
UNESCO	UN agency promoting education, science, culture and communication	Various Locations	https://careers.unesco.org/content/Internship-Programme/?locale=en_GB	Enrollment in a Masters program required; Excellent command of English or French
European Alternatives	NGO promoting democracy, equality and culture across Europe	Various Locations (Berlin, Paris, London, Palermo)	https://euroalter.com/	N/A
International Centre for Migration Policy Development (ICMPD)	International organization focused on migration governance and policy	Various Locations (Brussels, Prague, Tripoli, Vienna)	https://www.icmpd.org/work-with-us/internships	Internship within the framework of Erasmus+
United Nations Industrial Development Organization (UNIDO)	Organization that promotes inclusive and sustainable industrial development	Various Locations (Headquarters in Austria, Vienna)	https://careers.unido.org/go/Internship-Programme/8954055/	Different opportunities with different requirements
UN Women	UN agency working globally to promote gender quality and women's empowerment	Various Locations	https://www.unwomen.org/en/about-us/employment/internship-programme	Enrollment in a Masters program required